

Amendments to the Specification

At page 9, please replace the, second full paragraph, lines 10-18, with the following paragraph:

Figure 5A shows an embodiment where tab **100** is fixedly attached to a hand. Referring to Figure 5A, lower arm **20** has a chamber **94** extending into the center of lower arm **20** below the slit **104** of the ball portion **102**. Chamber **94** contains a friction-producing assembly fixture **105**, said friction-producing assembly fixture consisting of a spring **96** and a bearing **98** positioned on top of spring **96**. Ball portion **102** of lower arm **20** also has a cavity **97** that is perpendicular to the long axis of chamber **94**. Hand **25** has tab **100** fixedly attached to the interior surface of its socket portion **103**. Tab **100** also has a center hole **95** (Figure 5B, pin **91** not shown in Figure 5B). Optionally tab **100** has one or more surface depressions, shown as dimples **101** in Figures 6A and 6B (dimples not shown to scale in Figure 6B).